

Seeking Fulfillment

IN PURSUIT: SEEKING THE MORAL LIFE SESSION 02 PARENT SHEET

Dear Parents,

In this second session, Tanner talks about how the things of this world never completely fulfill us and wrestles with how humility can help us get to heaven. This session also covers how the Ten Commandments and Beatitudes fit into God's plan and how morality is meant to be lived primarily as a relationship with God that transforms the way we live. Here are some of the main points:

- Our culture tells us that material things will fulfill us, but only God can perfectly fulfill the desires of our hearts.
- To gain happiness, we must be humble. Humility helps us to recognize that we can't make ourselves happy; only God can.
- The moral life is not just a bunch of rules, but a lived relationship with God. Living a moral life doesn't make God love us; rather, it's a response to being loved by God.
- The Beatitudes and Commandments are a map given to us by God who created us to show us how to live a happy, fulfilled life.

Consider asking your teen these questions to continue processing what was discussed in their small group:

- What is something from the video or small group time that stood out to you?
- How do you think being happy or fulfilled would look in your life?
- How does the moral life connect to our relationship with God?

COMMIT: This week, teens were asked to choose one of the Beatitudes and commit to working on that Beatitude this week. For example, if they chose "Blessed are the poor in spirit," they could go through their clothes and donate some to Goodwill or fast from eating out this week and donate that money instead.

Theme Scripture

"I came so that they might have life and have it more abundantly."

JOHN 10:10