

Seeking Forever

IN PURSUIT: SEEKING THE MORAL LIFE SESSION 01 PARENT SHEET

Dear Parents,

Welcome to your teen's newest YDisciple series In Pursuit: Seeking the Moral Life. This study aims to inspire in young people a desire to live a moral life and invite them into God's plan for them. Throughout this study, we journey with two "heroes," Tanner and Marina, as they ask difficult questions about God and life and encounter experts along the way who point them to God's plan for living a moral life. These Parent Sheets are designed to help you continue fruitful discussion at home. After all, most studies suggest that parents are the biggest influencers of the faith practice of teenagers.

In this first session, we meet Tanner and are invited to join him in his journey as he asks what heaven is, how it relates to happiness, and why it's a desirable goal for our lives. Here are some of the main points:

- Having a goal informs how we work every day to achieve it. If heaven is our goal, there are things we can do now to work towards it.
- As human beings, we are motivated by the desire for happiness. Perfect happiness is found not in anything in this world, but in heaven.
- The Beatitudes respond to our desire to be happy and give us a framework to help us reach our goal of happiness in heaven.
- Sometimes we have to give up our idea of happiness or things that only make us happy temporarily to gain happiness in heaven. These things can become idols if we put them before our goal of heaven and our relationship with God.

Consider asking your teen these questions to continue processing what was discussed in their small group:

- What is something from the video or small group time that stood out to you?
- I heard you discussed happiness - what are some things that make you happy?
- What are things in your life that you think get in the way of your relationship with God? How could those things prevent you from getting to heaven?

COMMIT: Every week group members accept a personal challenge to apply what was discussed to their day-to-day lives. This week, they were asked to commit to spending 5 minutes each day honestly reflecting on who or what is on the throne of their heart and to close their time by praying for Jesus to be on the throne of their heart and asking for the grace to follow Him more closely just for that day.

Theme Scripture

"You will show me the path to life, / abounding joy in your presence, / the delights at your right hand forever."

PSALM 16:11