**Saint Reflection Paper Instructions**

DUE: February for Year 3 students only

# **History behind the Confirmation Name**

You choose the name of a saint who inspires you. This symbolizes a new beginning in your faith life and a connection with that saint. Your commitment to “spread and defend the faith” that you are making at Confirmation is symbolized with the taking of a new name to show that you are in some way a new person. This practice of taking a new name is found throughout both the old and new testaments as a sign of conversion or change. The patron saint becomes a role model for the person, and an example of how the Gospel can be lived in a practical way. Saints are heroes of the faith who lived their lives as examples of faith, hope, and love.

**Saint Paper Instructions**

Candidates will select a confirmation name and complete a report on their confirmation name. The confirmation name chosen is the name by which the candidates will be presented to the Bishop at Confirmation. Candidates must complete the Saint Paper, to complete confirmation.

Whatever name you decide on, we ask that you explore how this holy person, this saint, helps you and your personal faith in Jesus Christ.

Guidelines for writing your Saint Reflection Paper

**(1st paragraph)**

Start with: I feel ready for confirmation because…

**(2nd paragraph)**

For Confirmation I am choosing the saint name of…

Provide a brief summary of their life.

**(3rd paragraph)**

Why did you select this Catholic saint?

How can the life of this saint be a model of faith and commitment to you throughout the Confirmation process?

**(4th paragraph)**

Why did you choose your sponsor?

\*\* Paper should be at least one page in length, but no longer than two.

**Please write a genuine, original work as Copy and Paste papers will be returned!**

## ***Turn in paper to your confirmation teacher***