## **Confirmation Sponsor Guidelines**

Who may be a sponsor?

* A sponsor must be a Catholic who have celebrated the Sacraments of Baptism, Eucharist and Confirmation, and who actively practice their faith.
* Parents may not act as a sponsor for his or her child.
* The sponsors may be male or female, and is to be sufficiently mature (at least 18 years of age).

# Some practical guidelines for selecting a sponsor

* A sponsor should be someone who tries to be a model of how a person of faith lives in today's world. They should lead a life in harmony with the faith and the role to be undertaken.
* A sponsor should have a willingness and capacity to engage in the confirmation process as a means of enhancing their own growth as a Christian adult.
* A sponsor should have a positive and comfortable relationship with the candidate.
* Ideally a sponsor should be someone who either lives in the area, or is able to travel to the area when necessary, so that they may be actively involved throughout the confirmation process.

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**Confirmation students please return this sheet ASAP to the religious education department.**   
  
Candidate’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
Sponsor’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
Sponsor's Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
City Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
Sponsor's Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
Sponsor's E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_